DISASTERS STRIKE QUICKLY-BE PREPARED

Where will your family be when disaster strikes? They could be anywhere - at work, at school, or in a car.

How will you find each other? Will you know if your children are safe?

EMERGENCY SUPPLIES

Keep enough supplies in your home to meet your needs for at least three days. Assemble a Disaster Supplies Kit with items you may need in an evacuation. Store these supplies in sturdy, easy-to-carry containers such as backpacks, duffel bags or covered trash containers.

Include:

- A three day supply of water (one gallon per person per day) and food that won't spoil.
- One change of clothing and footwear per person, and one blanket or sleeping bag per person.
 - A first aid kit that includes your family's prescription medications.
- Emergency tools including a battery-powered radio, flashlight and plenty of extra batteries.
 - An extra set of car keys and a credit card, cash or traveler's checks.
 - Sanitation supplies
 - Special items for infant, elderly or disabled family members.
 - An extra pair of glasses.

Keep important family documents in a waterproof container.

UTILITIES

Locate the main fuse box, water service main and natural gas main. Learn how and when to turn these utilities off. Teach all responsible family members. Keep necessary tools near gas and water shut-off valves.

Remember, turn off the utilities only if you suspect the lines are damaged or if you are instructed to do so. If you turn the gas off, you will need a professional to turn it back on.

EVACUATION

Evacuate immediately if told to do so:

- Listen to your battery-powered radio and follow the instructions of local emergency officials.
 - Wear protective clothing and sturdy shoes.
 - Take your Disaster Supplies Kit.
 - Lock your home.
- Use travel routes specified by local authorities don't use shortcuts because certain areas may be impassable or dangerous.

If you're sure you have time:

- Shut off water, gas electricity before leaving, if instructed to do so.
- Post a note telling others when you left and where you are going.
- Make arrangements for pets.

Division of Emergency Management

2525 South Carson Street Carson City, Nevada 89701 (775) 687-4240 FAX: 687-6788



EMERGENCY CONTACT INFORMATION

Emergencies During Business Hours

Operations: (775) 687-4240

Emergencies after hours/weekends and holidays

Duty Officer: (775) 688-2830

Your Family Disaster Plan

Disaster can force you to evacuate your neighborhood or confine you to your home. What would you do if basic services - water, gas, electricity or telephones - were cut off? Disaster officials and relief workers will be on the scene after a disaster, but they cannot reach everyone right away.

1. Find Out What Could Happen to You

Contact your local emergency management officials

- Ask what types of disasters are most likely to happen. Request information on how to prepare for each.
- Learn about your community's warning signals what they sound like and what you should do when you hear them.
- Ask about animal care after disaster. Animals may not allowed inside emergency shelters due to health regulations.
- Find out how to help elderly or disabled persons, if needed.
- Find out about the disaster plans at your workplace, your children's school or daycare center and other places where your family spends time.

2. Create a Disaster Plan

Meet with your family and discuss why you need to prepare for disaster. Explain the dangers of fire, severe weather and blizzards to children. Plan to share responsibilities and work together as a team.

- Discuss the types of disasters that are most likely to happen. Explain what to do in each case.
- Pick two places to meet?
 - 1. Right outside your home in case of a sudden emergency, like a fire.
 - Outside your neighborhood in case you can't return home. Everyone must know the address and phone number.
- Ask an out-of-state friend to be your "family contact." After a disaster, it's often easier to call long distance. Other family members should call this person and tell them where they are. Everyone must know your contact's phone number.
- Discuss what to do in an evacuation. Plan how to take care of your pets.

WHEN AN EMERGENCY HAPPENS

The Emergency Alert System is a method to notify the public. Selected radio and television stations throughout your county or area serve as EAS stations. Emergency officials can activate the system to relay warnings and vital information to the public about what emergency actions to take.

3. Complete This Checklist

- Post emergency telephone numbers by phones (fire, police, ambulance, etc.).
- Teach children how and when to call 911 or your local Emergency Medical Services number for emergency help.
- Show each family member how and when to turn off the water, gas and electricity at the main switches.
- Check if you have adequate insurance coverage. Don't forget flood insurance.
- Teach family members how to use the fire extinguisher (ABS type), and show them where it's kept.
- Install smoke detectors on each level of your home, especially near bedrooms.
- Conduct a home hazard hunt.
- Stock emergency supplies and assemble a Disaster Supplies Kit.
- Take a Red Cross first aid and CPR class.
- Determine the best escape routes from your home. Find two ways out of each room
- Find the safe spots in your home for each type of disaster.

4. Practice and Maintain Your Plan

- Quiz your kids every six months so they remember what to do.
- Replace stored water every three months and stored food every six months.
- Test and recharge your fire extinguisher(s) according to manufacturer's instructions.
- Test your smoke detectors monthly and change the batteries at least once a year.

NEIGHBORS HELPING NEIGHBORS

Working with neighbors can save lives and property. Meet with your neighbors to plan how the neighborhood could work together after a disaster until help arrives. If you're a member of a neighborhood organization, such as a home association or crime watch group, introduce disaster preparedness as a new activity. Know your neighbors' special skills (e.g., medical, technical) and consider how you could help neighbors who have special needs, such as disabled and elderly persons. Make plans for childcare in case parents can't get home.

For additional information, visit our web site at http://dem.state.nv.us
EMERGENCY During Business Hours (775) 687-4240
After Hours/Weekends/Holidays (775) 688-2830